



Master Performance.
Realize Results.



GMP Mastery™ Coaching Workshop Description

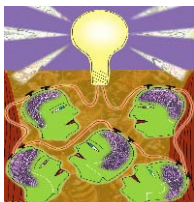
The Tenth Commitment of Mastery: **“We must Continuously Improve and Collectively Celebrate Performance!”** requires that all managers be able to strategically and effectively improve and optimize their organization’s performance.

The ability to develop good relationships with others and to handle situations effectively are vital elements of being a successful manager.

This workshop starts a conversation on recognizing the cues that give us insight into how others are feeling, and on developing the way you approach situations so that we can achieve the highest standards.

We will also discuss how to change your thoughts, assumptions, and emotions so that you can dramatically improve the results you get.

You will be challenged to evaluate your current effectiveness as a performance maximizer and develop a specific and customized action plan for applying the workshop critical thinking and practice points to your organization.



Improving and Optimizing Our Performance

Workshop Critical Thinking and Practice Points

Think About Performance

- Knowing the Key Skills
- Boosting Confidence
- Setting Your Objectives
- Managing Personal Flexibility

Improve Your Performance

- Learning How to Learn
- Managing Emotions
- Coaching Yourself
- Finding the Best Approach
- Freeing Up Your Inner Resources
- Optimizing Your Time

Helping Others Improve

- Relating Nonverbally
- Evaluating Priorities
- Working with Personality Traits
- Getting the Best Deal
- Detecting & Preventing Problems
- Improving Working Relationships
- Promoting Winning Ideas

Continuing to Improve

- Life Planning
- Ongoing Personal Development
- Coaching for Results
- Modeling High-Flyers
- Developing Leadership Qualities